

In the Claims

- 1 (currently amended). An anabolic composition comprising:
- a) cartilage, chondroitin sulfate, hyaluronic acid, or collagen in an amount effective in damaged tissue to act as an anti-neo-inflammatory and anti-neo-angiogenic agent;
 - b) about one to three grams of at least one polar surface active lipid selected from the group consisting of phosphatidic acid, phosphatidylethanolamine, lecithin, phosphatidylserine, phosphatidylinositol, 2-lysolecithin, plasmalogen, choline plasmalogen, phosphatidylglycerol, diphosphatidylglycerol, sphingomyelin, and any combination of 2, 3, 4, 5, 6, 7, 8, 9, 10, or 11 of said polar active surface lipids;
 - c) a plurality of enantiomerically pure L-amino acids and glycine;
 - d) taurine or L-carnitine or both taurine and L-carnitine;
 - d) ~~a component selected from the group consisting of Polyoxyethylene Sorbitan Monooleate, Sorbitan monooleate, grape seed extract, grape extract, and combinations thereof; and~~
 - e) a component selected from the group consisting of polyoxyethylene sorbitan monooleate, sorbitan monooleate, grape seed extract, grape extract, and combinations thereof; and
 - (e)f) vitamins, minerals or trace elements selected from the group consisting of Vitamin B12, Vitamin E, selenium, zinc, and combinations thereof.

2 (previously presented). The composition according to claim 1, further comprising a compound generally accepted as safe (GRAS), said compound being garlic.

3 (original). The composition according to claim 1, further comprising a flavorant.

4 (original). The composition according to claim 3, wherein said flavorant is a fruit juice.

5 (original). The composition according to claim 4, wherein said fruit juice is tomato juice.

6 (previously presented). The composition according to claim 1, wherein said amino acids are L-Leucine, L-Proline, L-Arginine, L-Valine, L-Aspartic Acid, L-Isoleucine, Glycine, L-Threonine, L-Tyrosine, L-Phenylalanine, L-Serine, L-Histidine, L-Alanine, L-Cystine, L-Tryptophan, L-Methionine, L-Glutamine, L-Cysteine and L-Glutamic Acid.

7 (currently amended). The composition according to claim 1, wherein said ~~composition~~ (e) component (b) comprises soy lecithin.

8 (currently amended). The composition according to claim 1, wherein said composition ~~further comprises taurine or L-carnitine or both taurine and L-carnitine.~~

9 (new). The composition according to claim 1, wherein said composition comprises L-carnitine.

10 (new). The composition according to claim 1, wherein said composition comprises both taurine and L-carnitine.

11 (new). The composition according to claim 1, wherein said composition further comprises omega 3 fatty acids.

12 (new). The composition according to claim 1, wherein said composition further comprises a compound generally accepted as safe (GRAS).